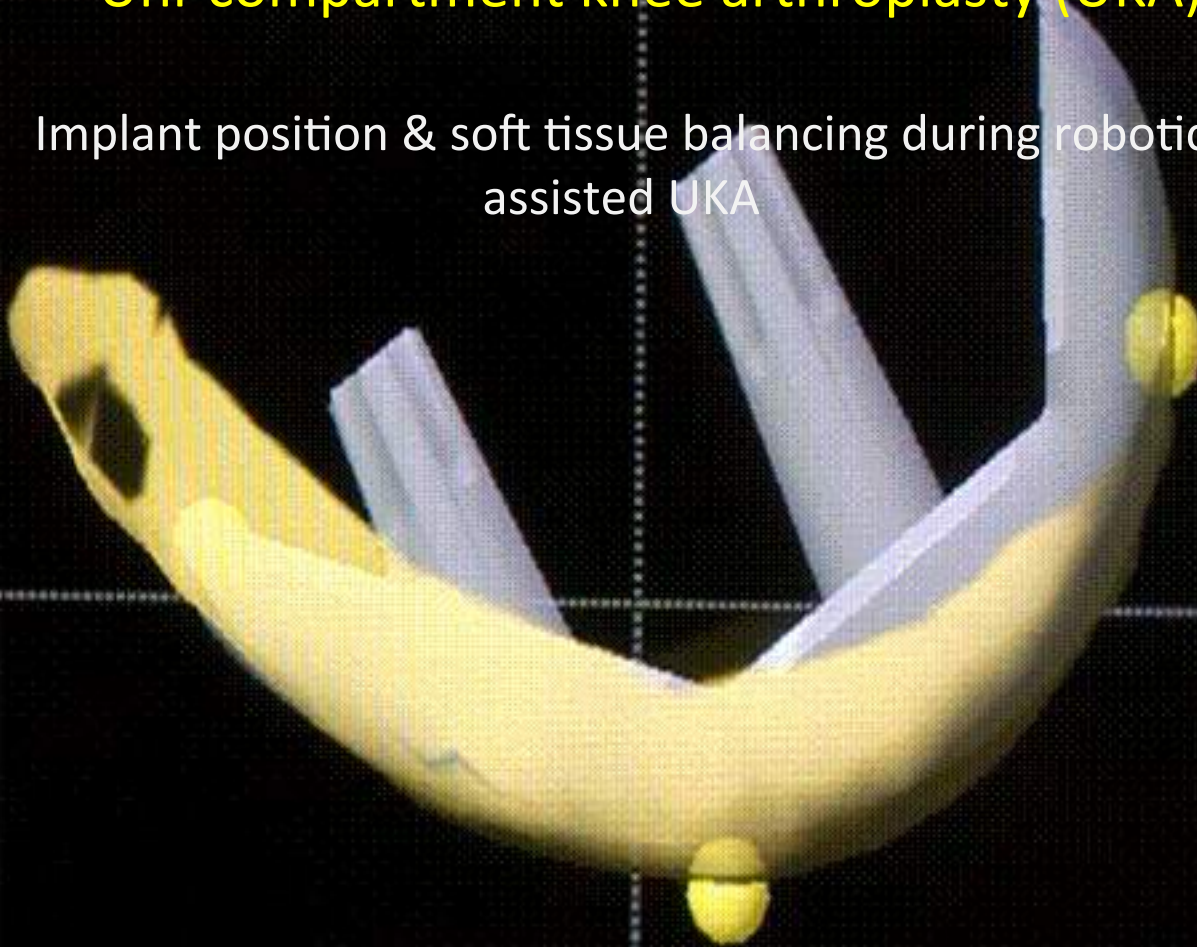


## Uni-compartment knee arthroplasty (UKA)

Implant position & soft tissue balancing during robotic assisted UKA



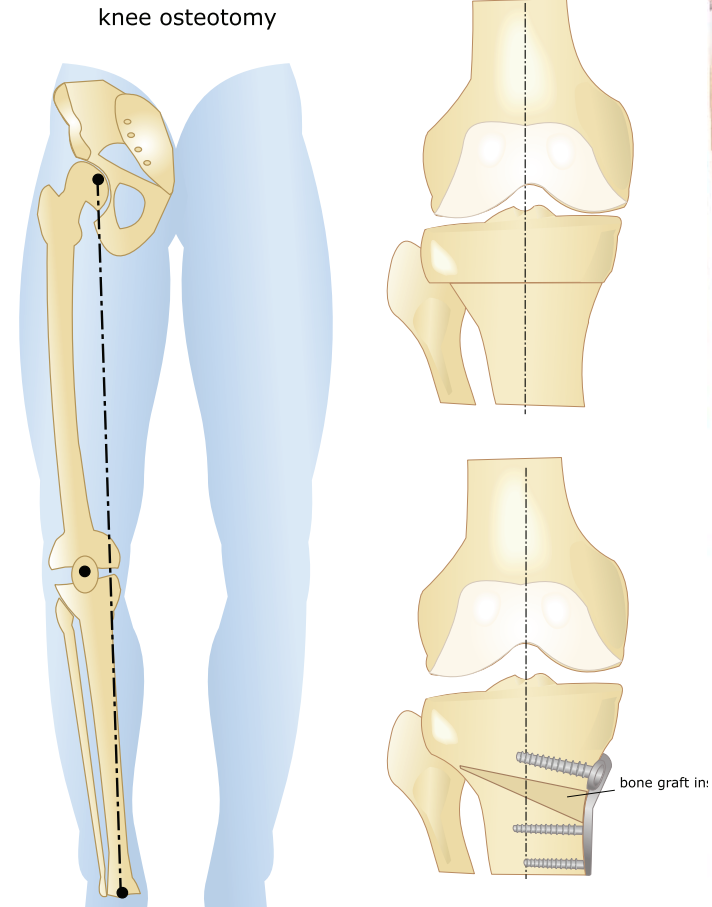
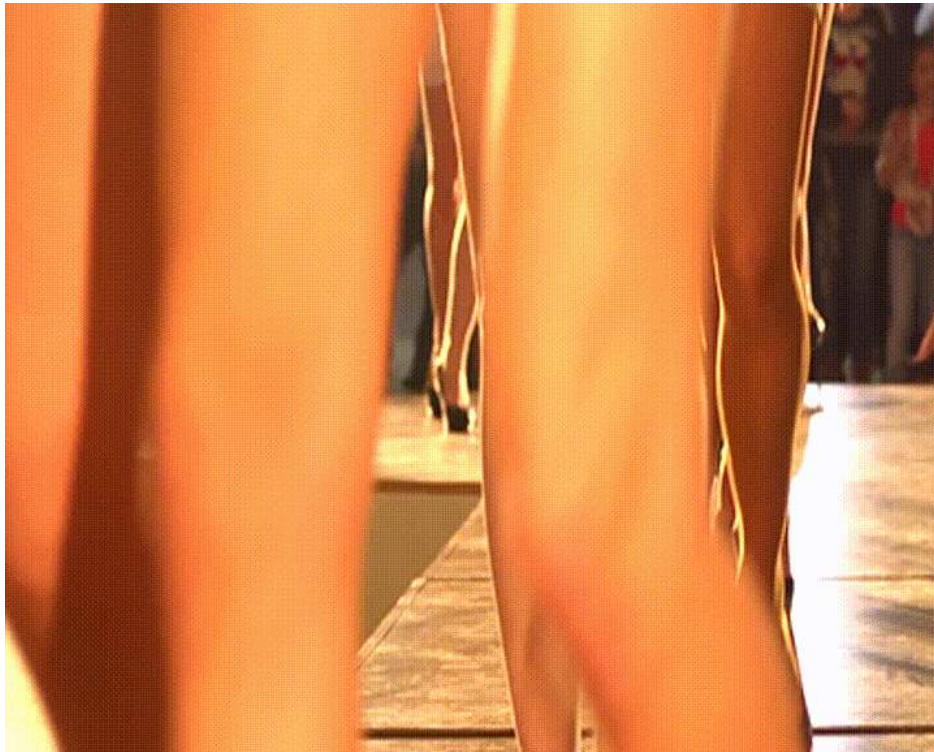
**Dr M Y Hassan**

Orthopaedic Surgeon & Sports Physician  
MBChB (UCT) MPHIL Sports Med (UCT) FC Orth (SA)



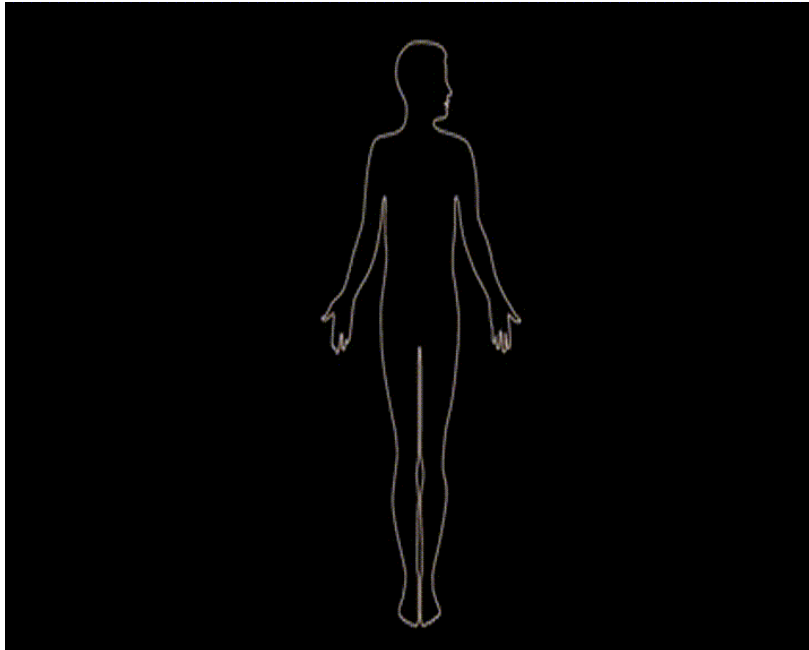
## Introduction

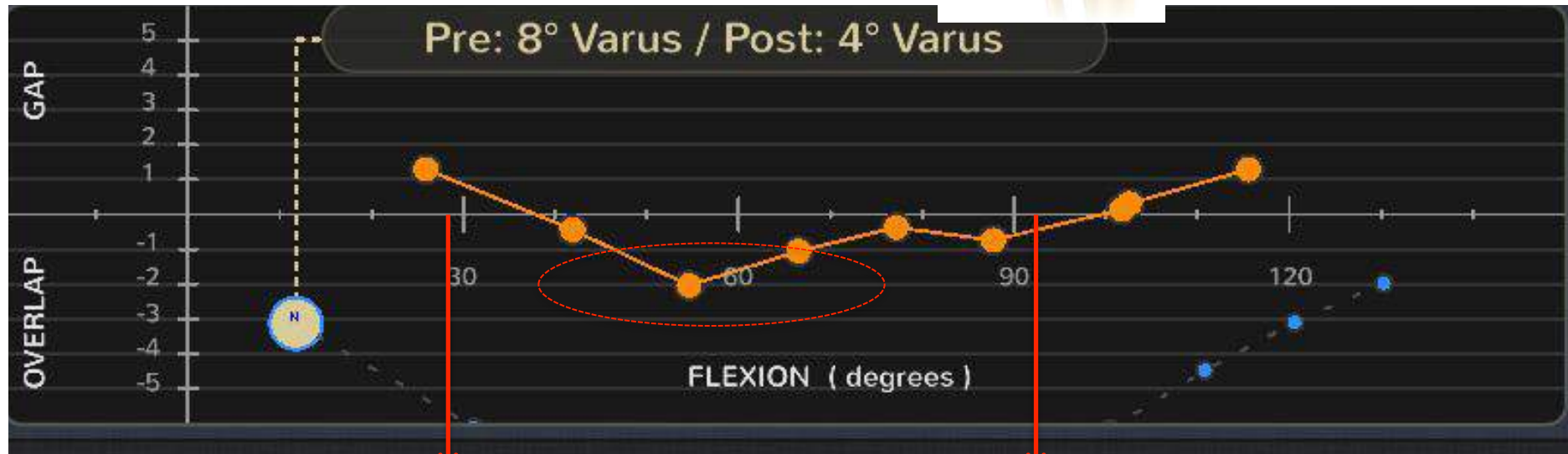
- Malalignment of the knee joint is important in the etiology of knee OA<sup>1</sup>
- Realignment osteotomies around the knee reduce force/area<sup>2</sup> in the affected early degenerative compartment, facilitating return to functional activity levels<sup>2</sup>



## Introduction

- Knee arthroplasty principles include restoration of knee alignment, range of motion with pain relief in a well balanced knee
- Malalignment during UKA can predispose to implant aseptic loosening (>2mm difference between implant & contralateral space, <sup>3</sup>) or an increase risk of contralateral compartment OA<sup>3</sup>
- Traditional methods of soft tissue balance testing: spacers &/or tensioners
- Creating a block shaped femur, soft tissue balance is assessed in extension and flexion
- Mid-flexion instability testing is done at 30°-60° knee flexion





Traditional gap testing  
in extension

Traditional gap testing  
in flexion

# Introduction

Computer assisted navigation allow soft tissue balancing assessment throughout ROM

- Assessment before bone resection
- A systematic approach to data registration and gap balancing will expedite surgery planning

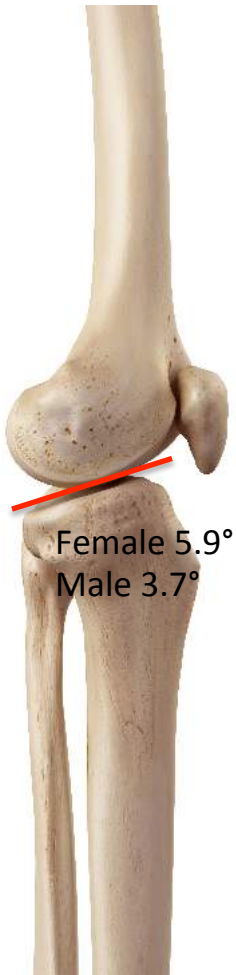


## Anatomic considerations for medial & lateral UKA

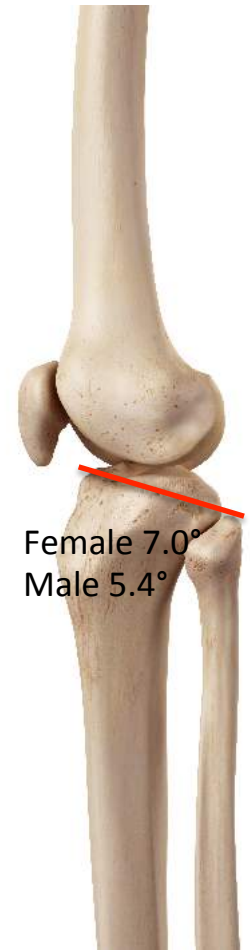
## Slope comparison between medial and lateral tibial condyles

### Medial, lateral & coronal slopes of the tibial plateau for male & female subjects. SD standard deviation <sup>3</sup>

	Sagittal Tibial Slope		Coronal tibial slope
	Medial tibial slope	Lateral tibial slope	
<b>Female</b> (n=33)			
Mean	5.9°	7.0°	2.5°
SD	3.0°	3.1°	1.9
<b>Male</b> (n=22)			
Mean	3.7°	5.4°	3.5°
SD	3.1°	2.8°	1.9°
p	0.01	0.02	0.03



Medial tibial slope of left knee



Lateral tibial slope of left knee

## Lateral collateral ligament posterolateral structures



Right knee :LCL



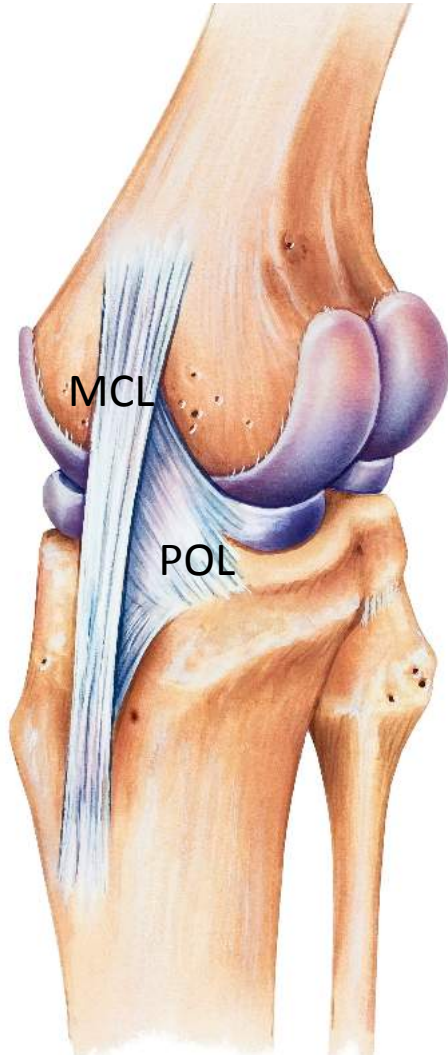
Right knee: Popliteus posterior  
view



Right knee Popliteus lateral view



## Medial collateral ligament posteromedial structures



Right knee: MCL Medial collateral ligament, POL  
posterior oblique ligament

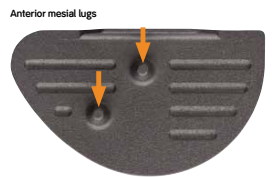
## Implant selection during robotic assisted UKA



Smith & Nephew Journey UKA

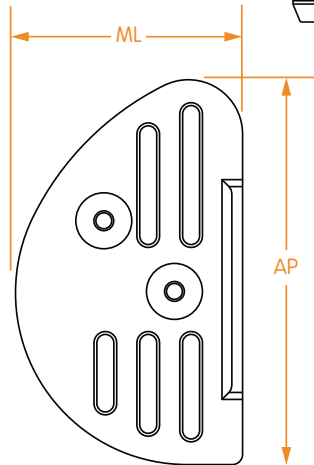
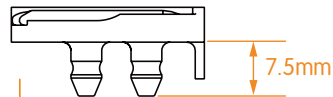
# Implant selection and its biomechanics:

## Implant shape: specs of implant



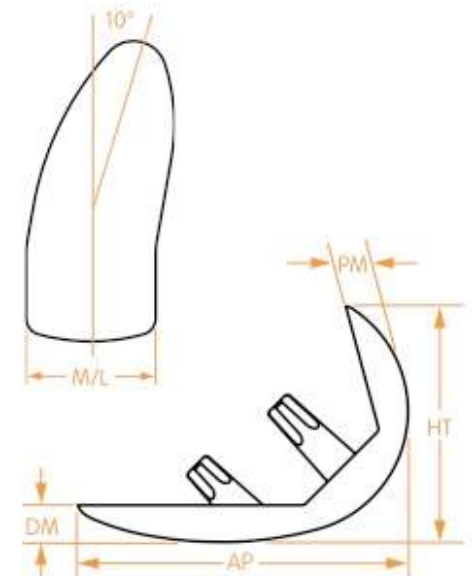
Tibial tray dimensions (mm)

Size	AP	ML
1	38.0	23.5
2	41.7	25.3
3	45.6	26.9
4	48.8	28.8
5	52.3	30.4
6	55.4	32.0



Articular insert thickness (mm)

	7	8	9	10	11	12*	14*
Modular		●	●	●	●	●	●
All-Poly	●	●	●	●	●		



Femoral component dimensions (mm)

Size	AP	HT	ML	DM	PM
1	40	31	19	5.5	5.5
2	43	32	20	5.5	5.5
3	46	34	21	6.5	6.5
4	49	36	22	6.5	6.5
5	52	38	23	6.5	6.5
6	55	40	24	6.5	6.5
7	58	42	25	6.5	6.5

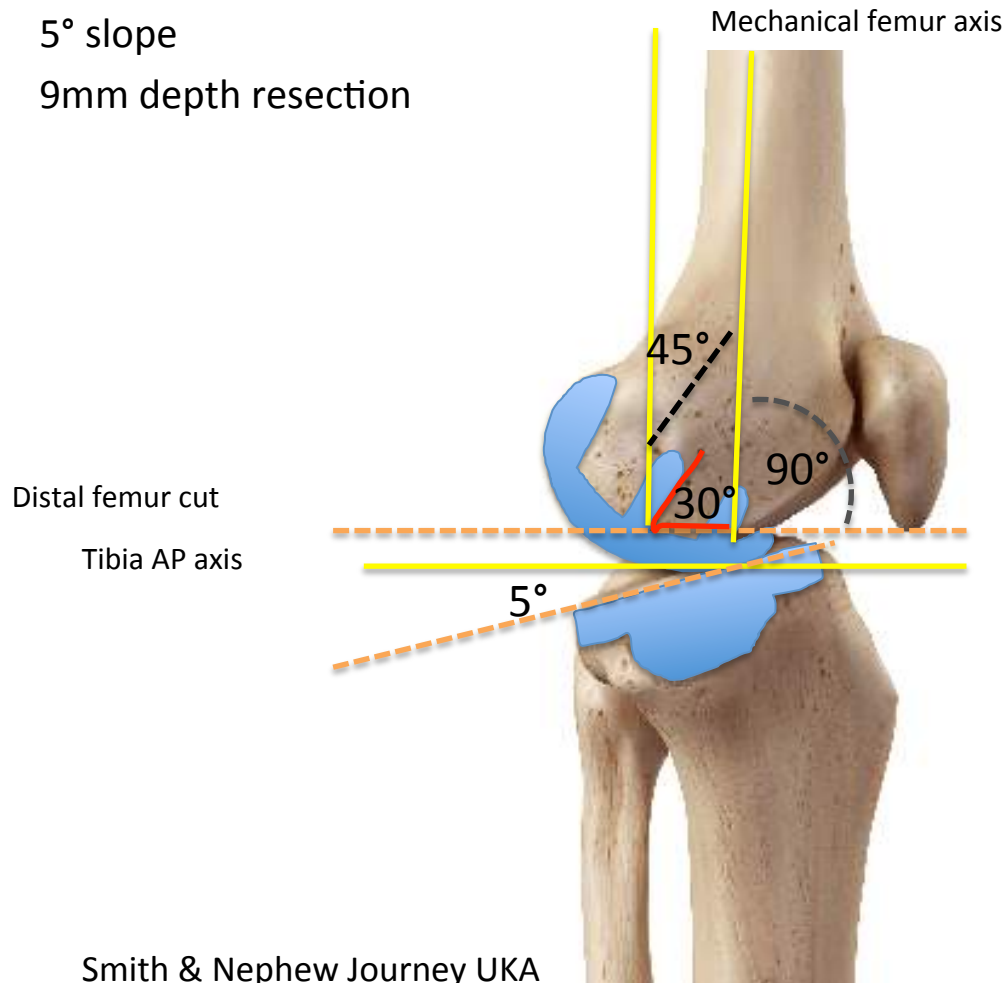
# Implant default position

## Femur:

- Z axis perpendicular to distal femur cut
- Implant 45° flexion

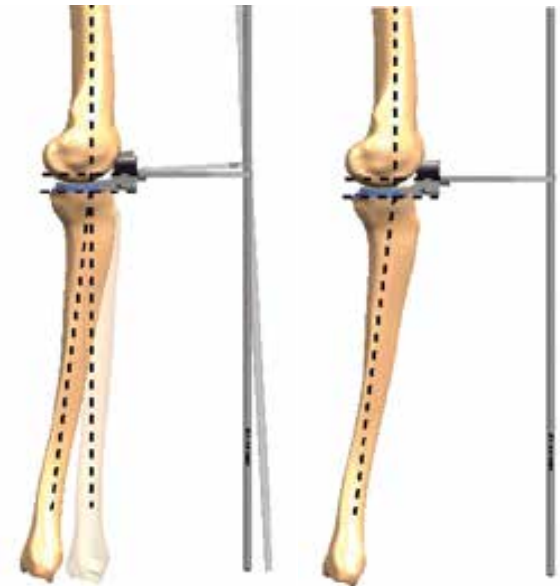
## Tibia

- 5° slope
- 9mm depth resection



Assessing alignment

After alignment





## Robotic Uni knee replacement: Setup technique

### Register:

Mechanical axis

Knee ROM

Femur & tibia mapping

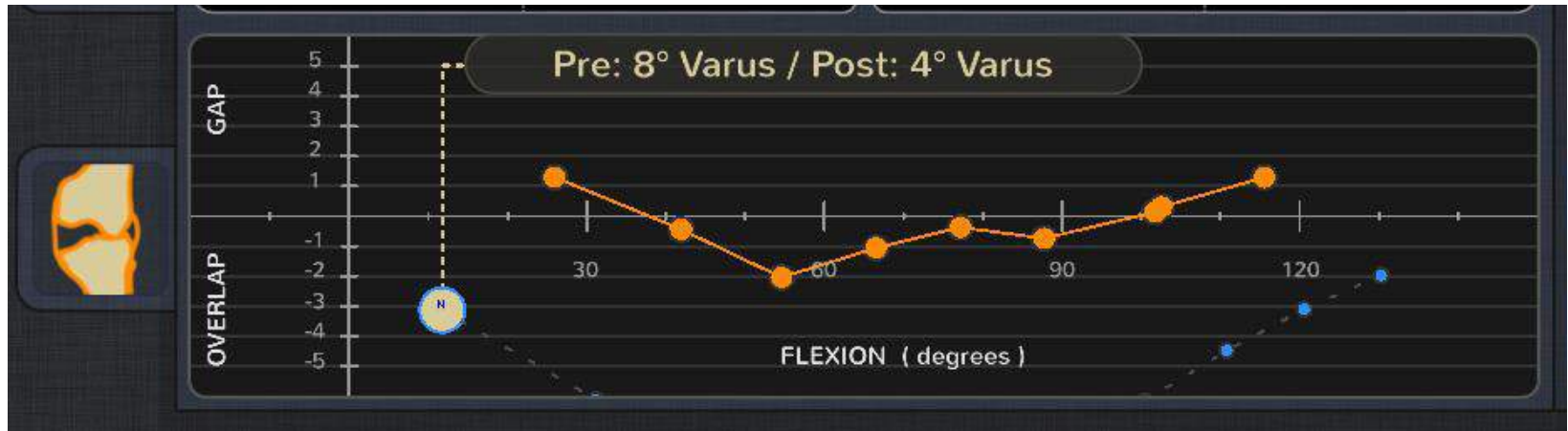
Plan prosthesis position

Assess gap balance

Bone resection

Insert prosthesis

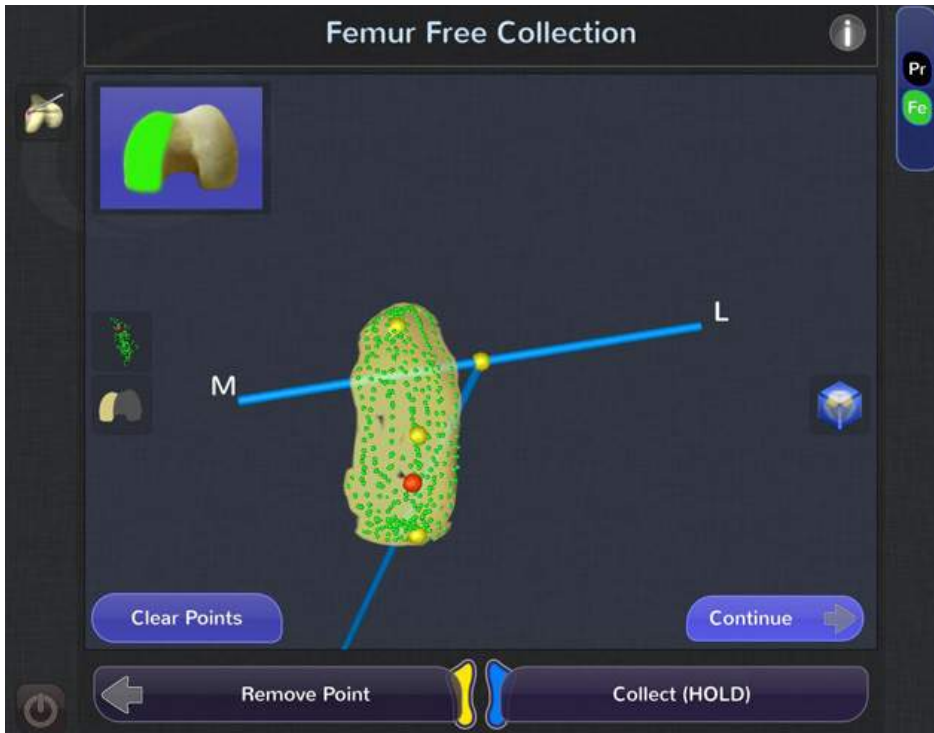
# Soft tissue balance capturing



# Mapping of components



# Mapping of components Impact on soft tissue balancing

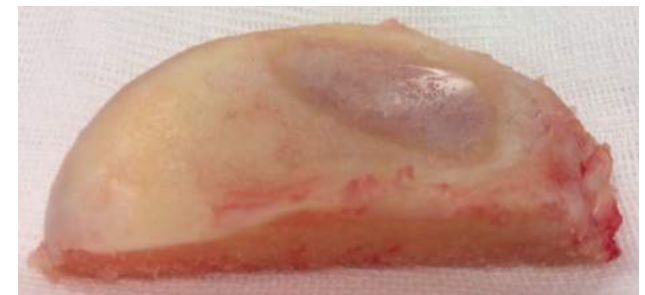
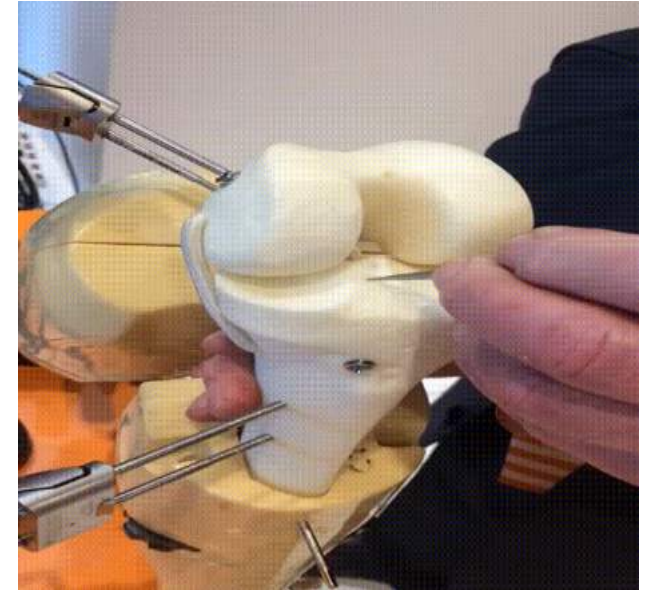


During mapping of femur assess the geographic wear pattern

- Cross correlate this pattern to implant: implant variance during mapping



# Mapping of tibia component Impact on soft tissue balancing

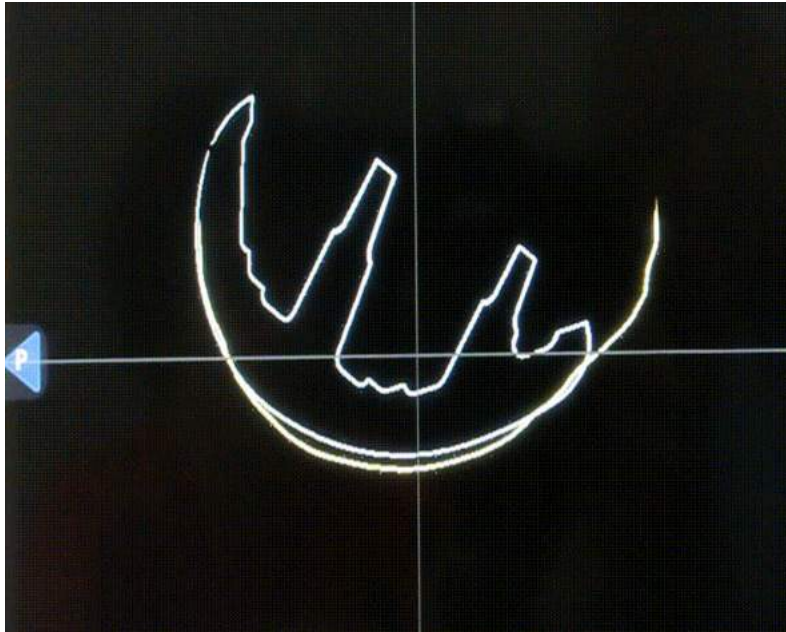


During mapping of tibia assess the geographic wear pattern

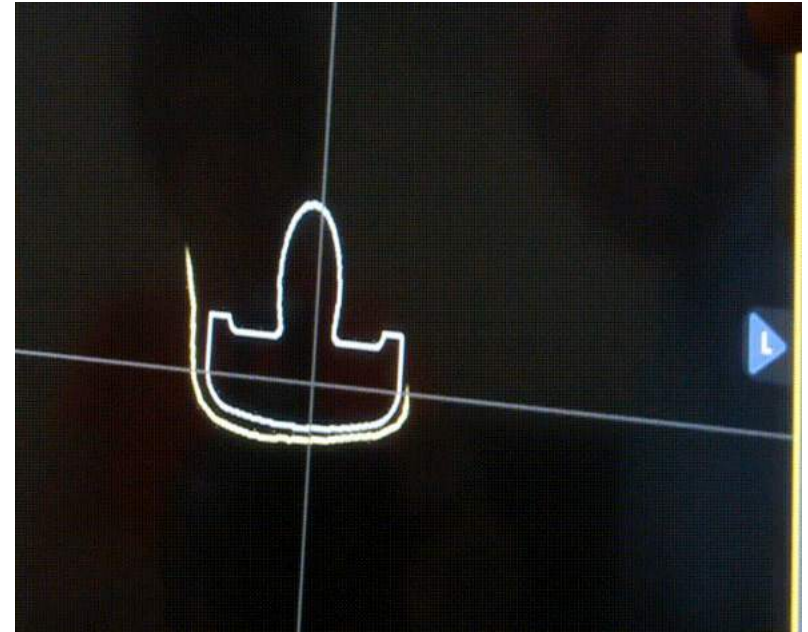
- Cross correlate this pattern to implant: implant variance during mapping

# Mapping of components

## 1<sup>st</sup> step: Systematic approach to soft tissue balancing

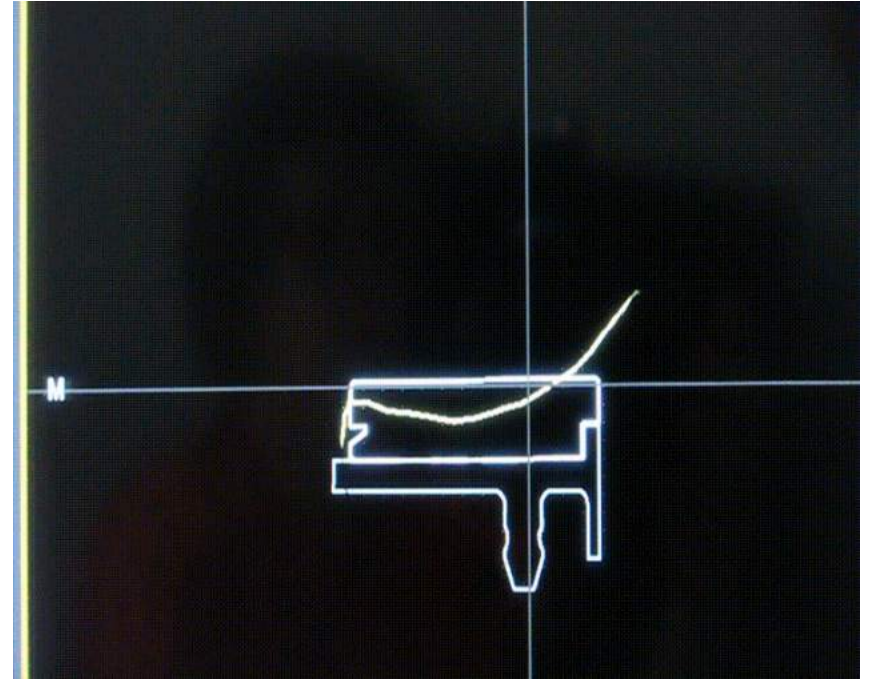
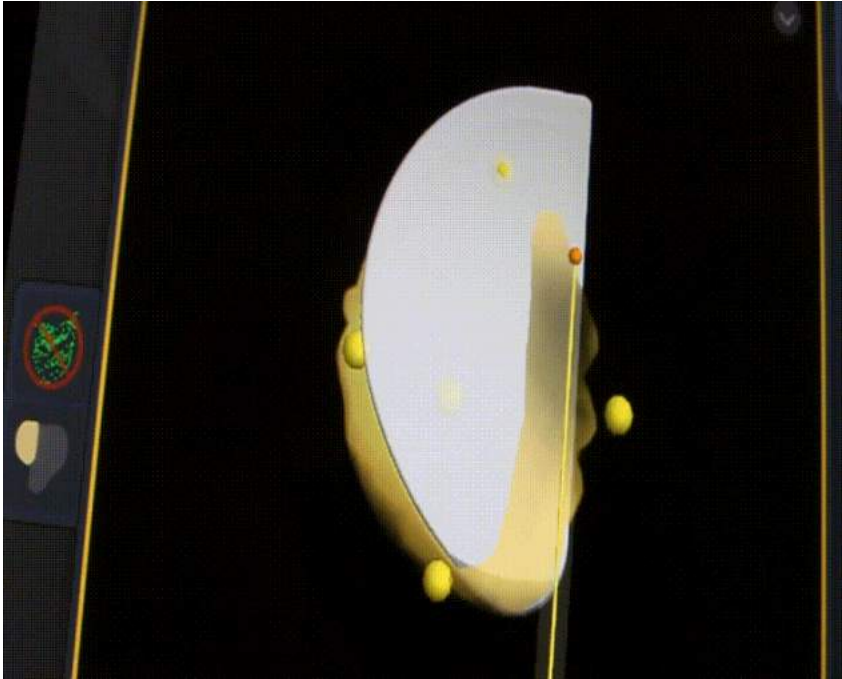


Femur default position



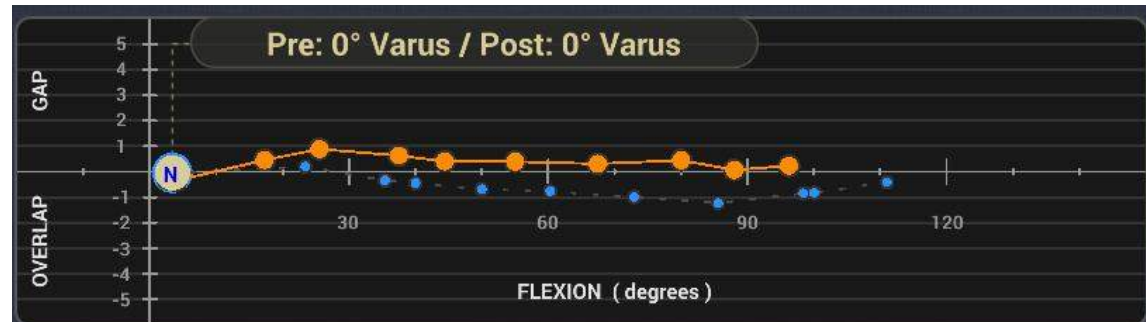
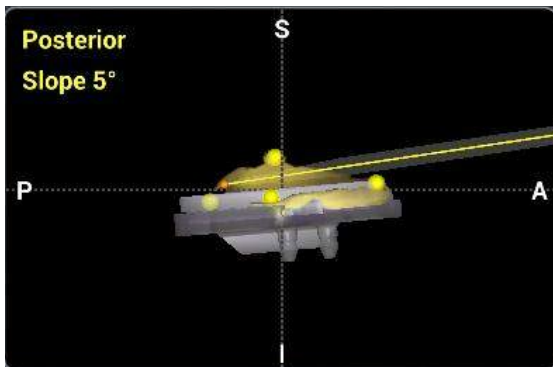
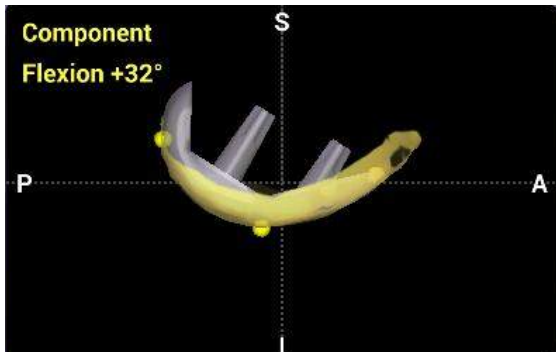
- Femur mid axis in sagittal plane
- Femur position: tidemark as anterior reference point (constant), ensure no notching
- Correlate wear pattern (implant variance) to potential overlapping of implant
- Rotation: sagittal plane, also coronal plane

## Tibia



Rotational alignment  
Size tibia  
Slope  
Resection depth

After completing initial mapping and implant position:  
proceed to assess gap balance



Balancing the gap mismatch

# Uniform

Good flexion and good extension

# Soft tissue balancing uniform



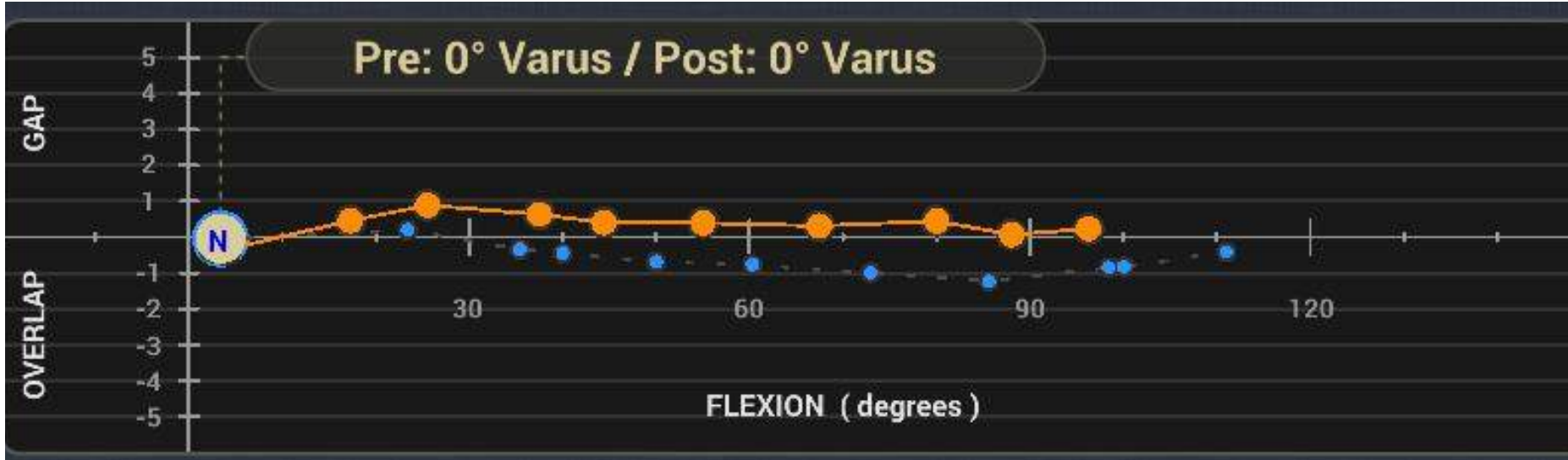
Uniform:  
Good extension



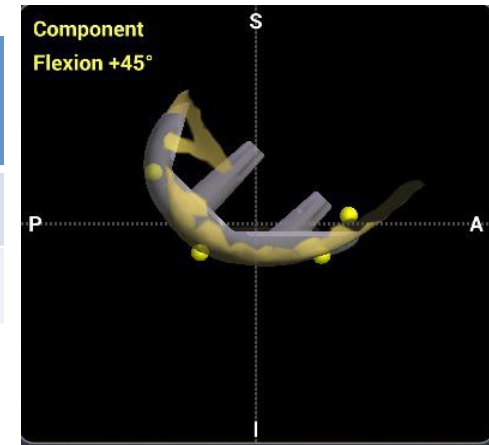
Uniform:  
Good flexion

Extension	Flexion
Good	Good
Proceed with removal of equal amounts of distal & posterior femur bone	

# Soft tissue balancing uniform



Flexion	Extension
Good	Good
Proceed with implant bone resection	

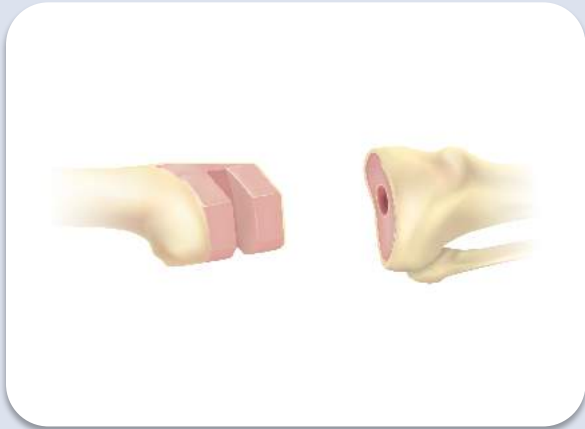




# Uniform

Loose flexion and loose extension

# Soft tissue balancing uniform



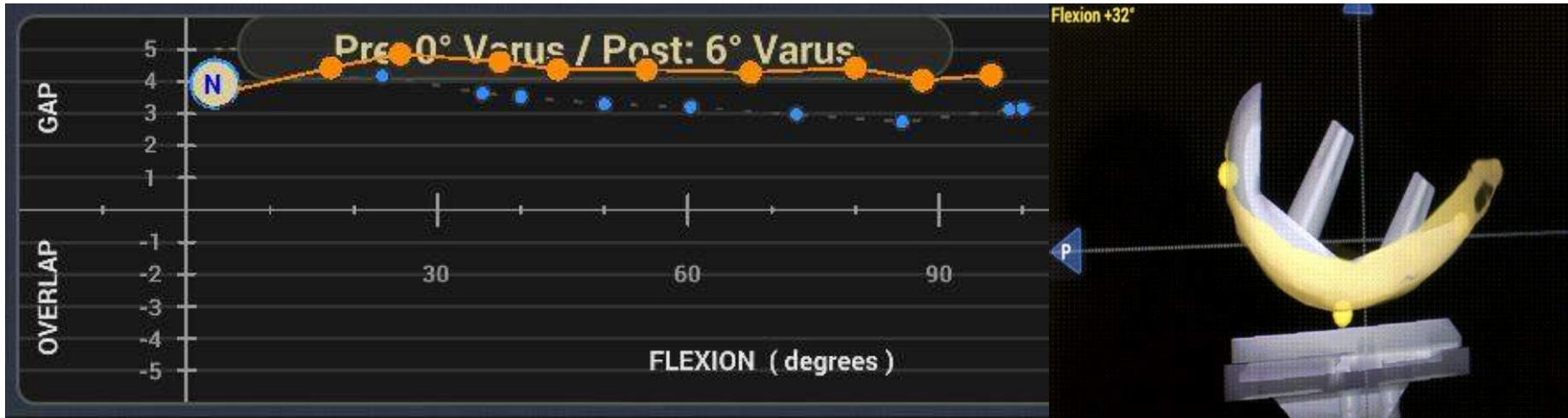
**Uniform:**  
Loose in extension



**Uniform:**  
Loose in flexion

Extension	Flexion
Loose	Loose
Trial with appropriate gap stick and insert appropriate thicker poly	

# Soft tissue balancing uniform

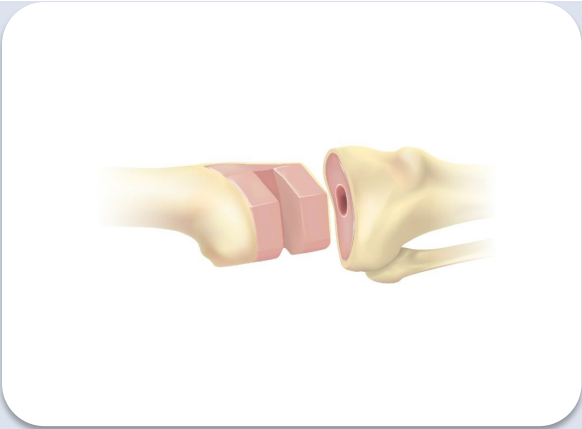


Flexion	Extension
Loose	Loose
Move tibial component superiorly and/or increase thickness	

# Uniform

Tight flexion and tight extension

# Soft tissue balancing uniform

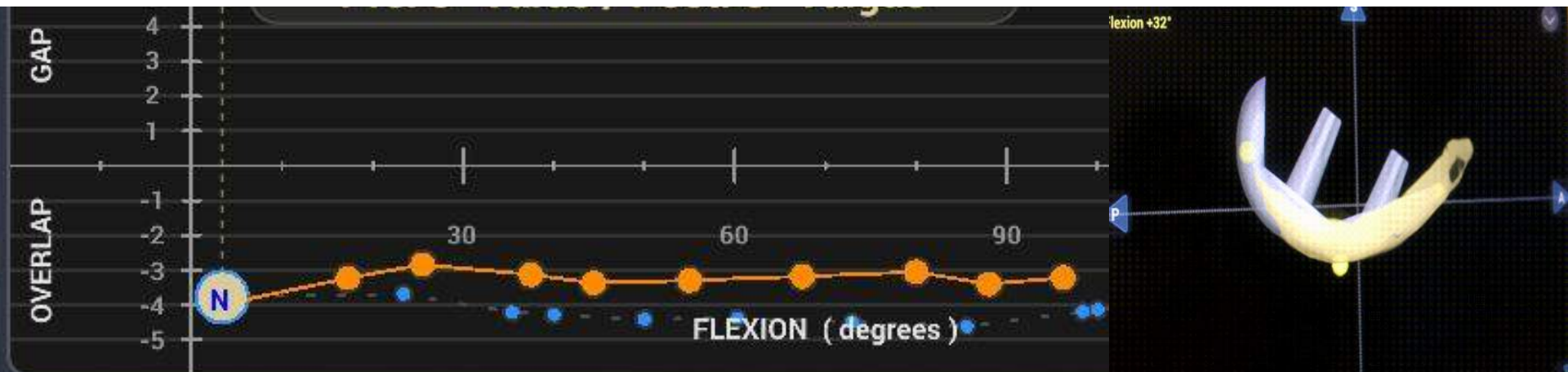


Uniform:  
Tight in extension

Uniform:  
Tight in flexion

Flexion	Extension
Tight	Tight
Resect more bone from tibia	

# Soft tissue balancing uniform



**Flexion**

**Extension**

Tight

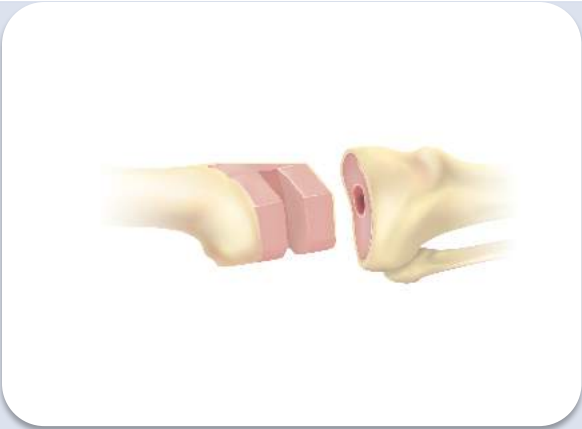
Tight

Move tibial component inferior and/or reduce thickness

# Asymmetric pattern

Good extension and tight flexion

# Soft tissue balancing asymmetry



Asymmetric:  
Normal extension

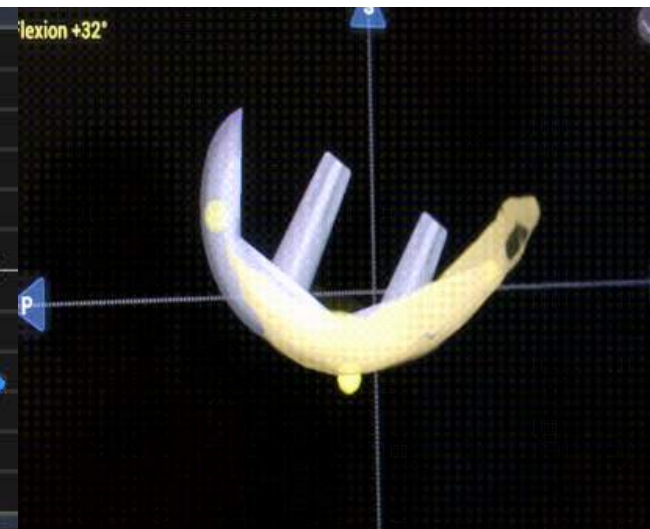
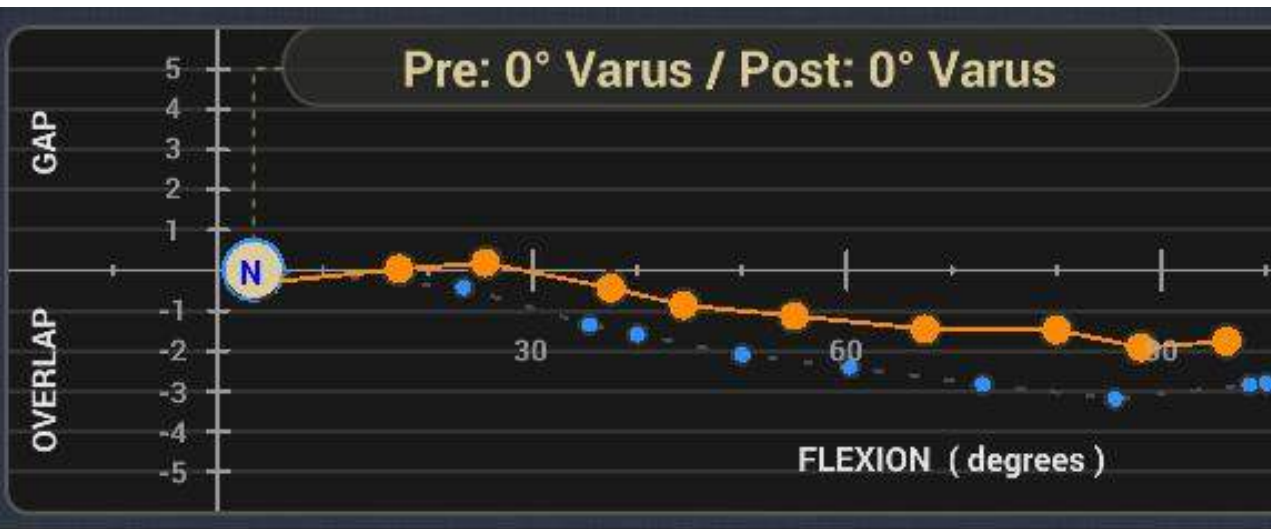


Asymmetric:  
Tight flexion

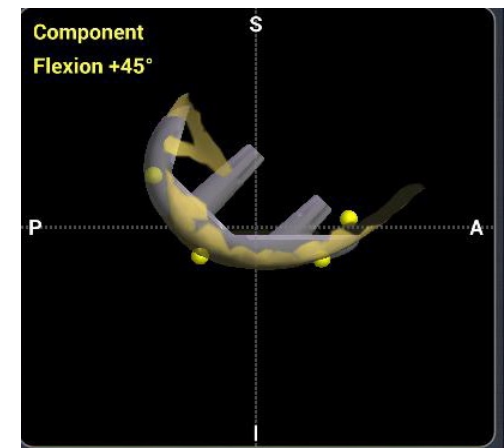
Extension	Flexion
Good	tight
Remove 1-2mm from posterior femur condyle	



# Soft tissue balancing asymmetry



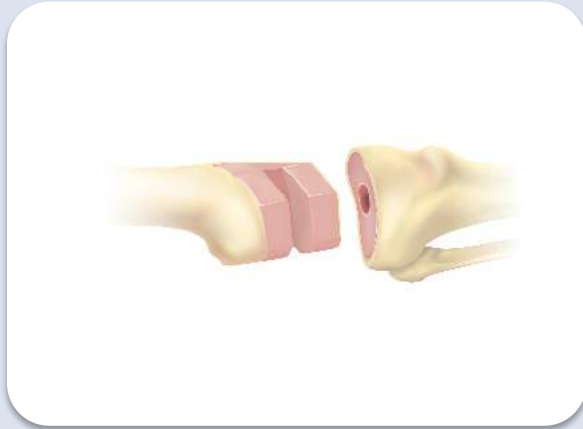
Extension	Flexion
Good	Tight
Move femur component anterior And/or increase tibia slope but $\leq 7^\circ$ and move tibial component inferior	



# Asymmetric pattern

Good extension and loose flexion

# Soft tissue balancing asymmetry



Asymmetric:  
Normal extension

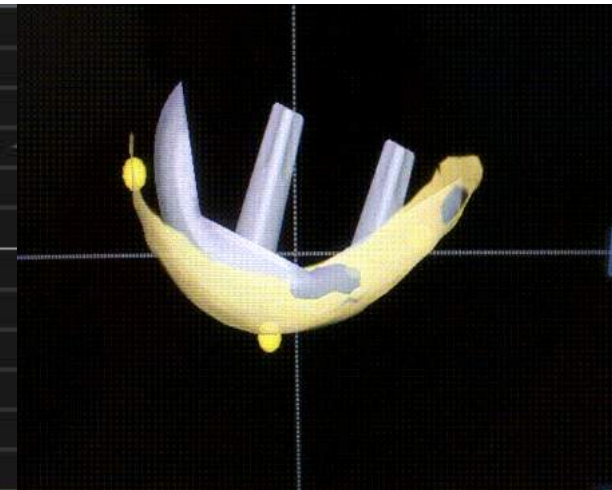
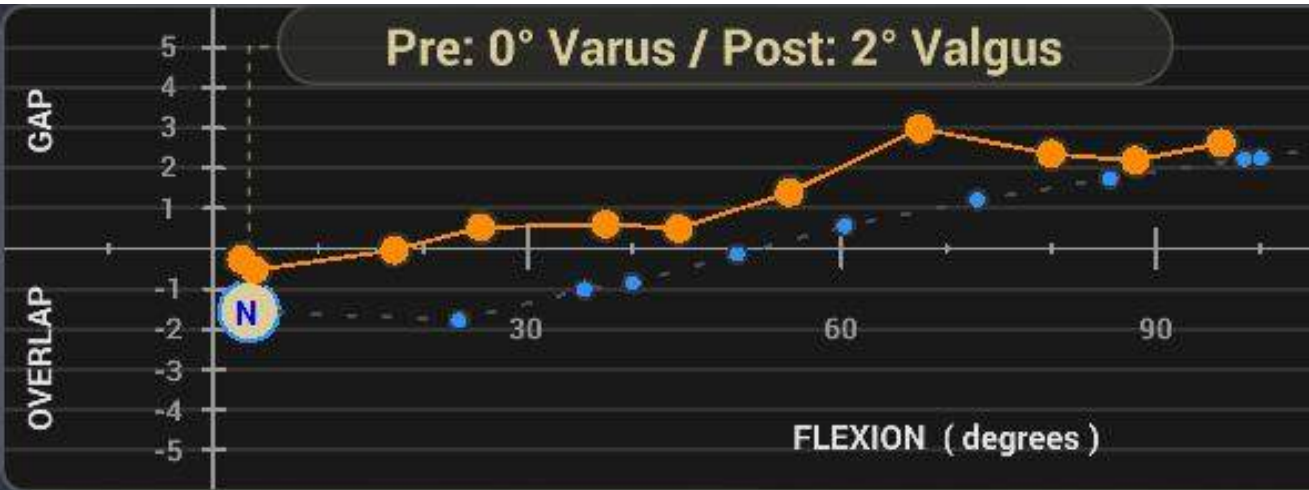


Asymmetric:  
Loose flexion

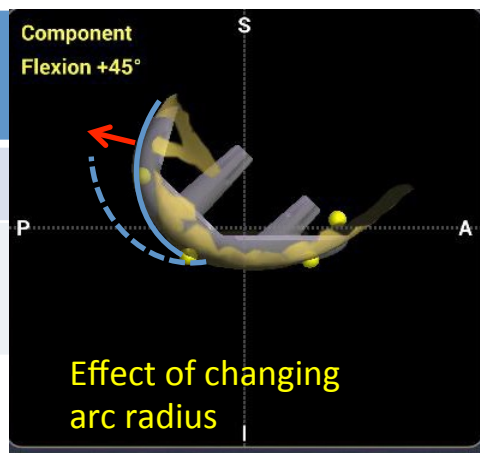
Extension	Flexion
Good	Loose

Flexion gap may be 1-2mm looser in flexion than extension. If definitely looser in flexion then resect less posterior femur condyle by putting a spacer in between the posterior paddle of the 2-in-1 cutting block thereby resecting less bone from the posterior femur condyle.

# Soft tissue balancing asymmetry



Extension	Flexion
Good	Loose
Move femoral component posterior Or reduce femoral component flexion	



# Asymmetric pattern

Good flexion and loose extension

# Soft tissue balancing asymmetry



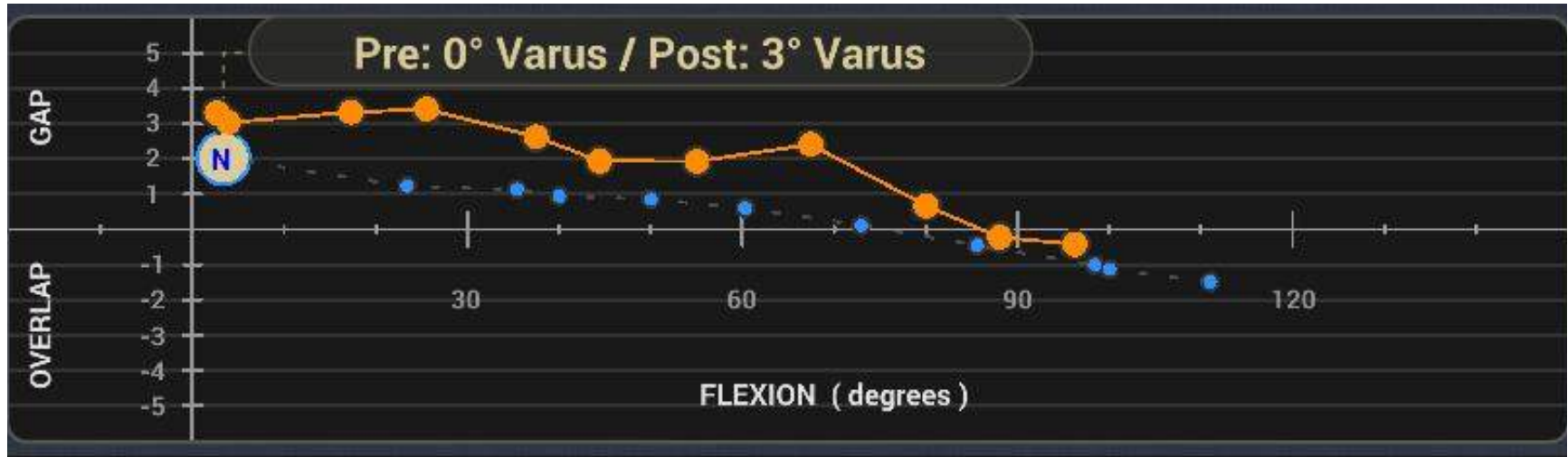
Asymmetric:  
Loose extension



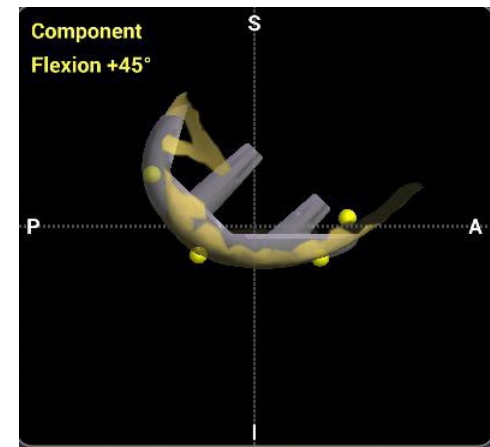
Asymmetric:  
Normal flexion

Extension	Flexion
loose	Normal
Resect less distal femur with 4.5mm block	

# Soft tissue balancing asymmetry



Extension	Flexion
Loose	Normal
Move femoral component inferiorly Or increase femoral component flexion	

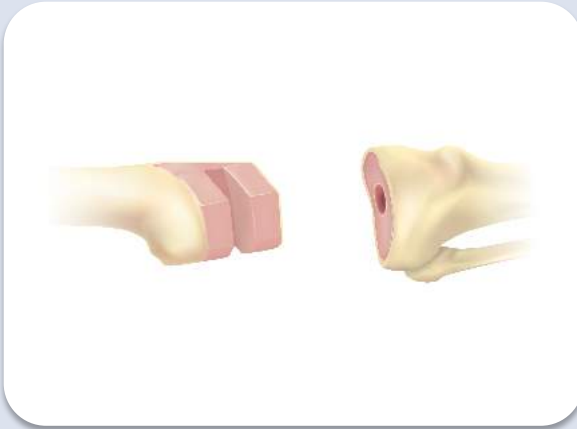


# Asymmetric pattern

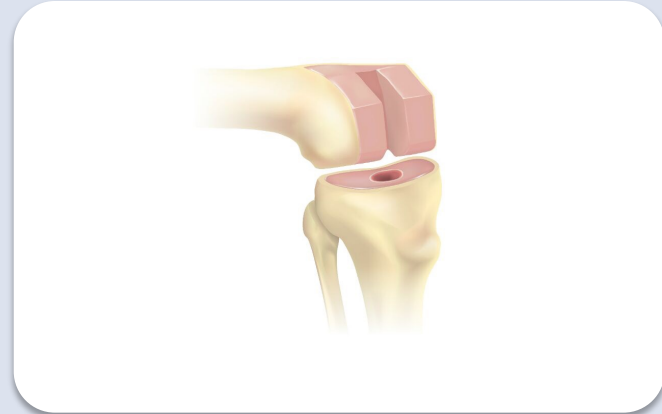
Tight flexion and loose extension



# Soft tissue balancing asymmetry



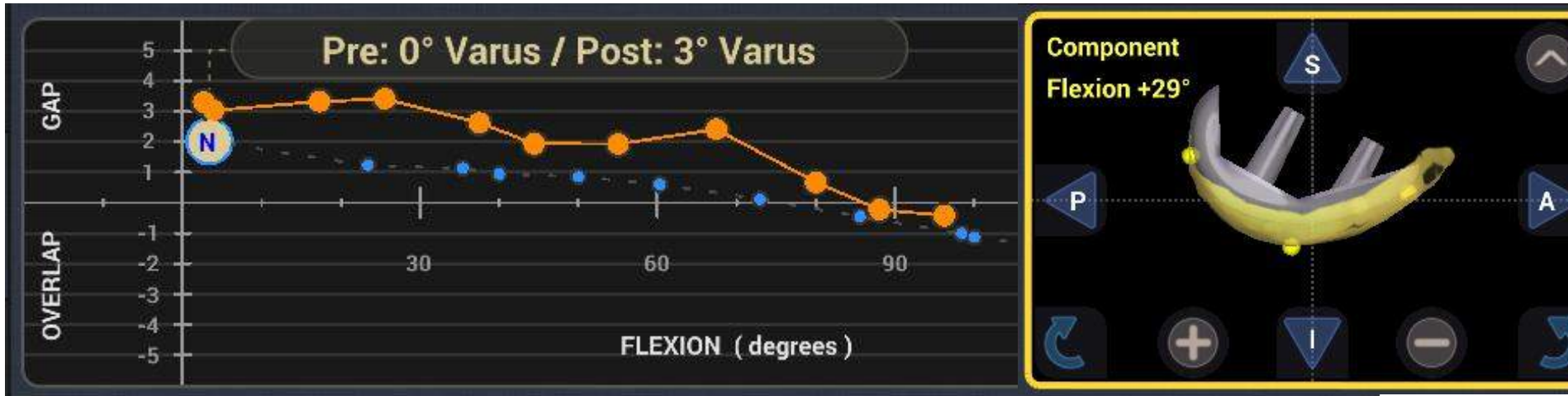
Asymmetric:  
Loose extension



Asymmetric:  
Tight flexion

Extension	Flexion
Loose	Tight
Resect less distal femur with 4.5mm block. Remove 1-2mm cartilage from posterior femur condyle. Assess tibia slope & consider increasing slope angle resection.	

# Soft tissue balancing asymmetry



Asymmetric:  
Loose extension

Asymmetric:  
Tight flexion

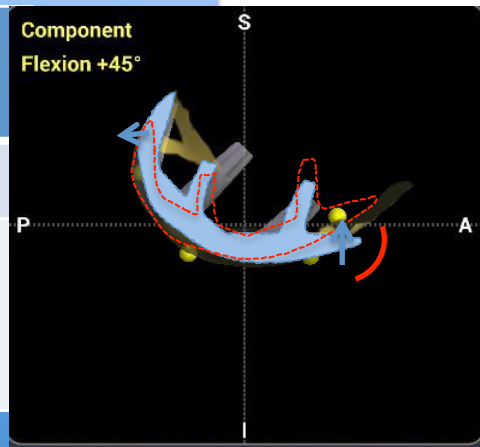
**Extension**

**Flexion**

Loose

Tight

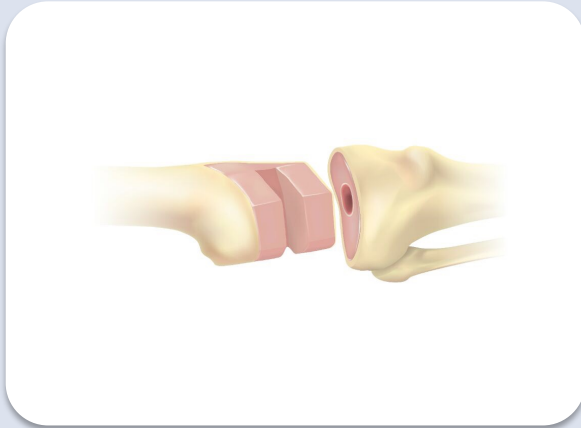
Confirm femur rotation satisfactory: Increase femoral component flexion/ move inferiorly  
Or increase posterior tibia slope



# Asymmetric pattern

Normal flexion and tight extension

# Soft tissue balancing asymmetry



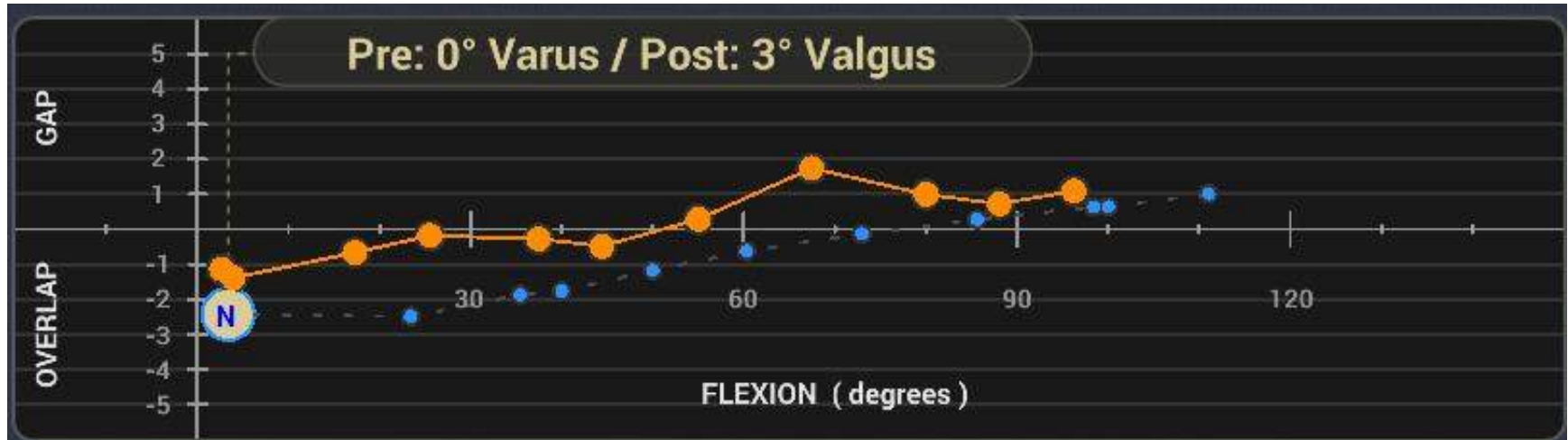
Asymmetric:  
Tight extension



Asymmetric:  
Normal flexion

Extension	Flexion
Tight	Good
Remove more distal femur cartilage (1-2mm) before femur resection	

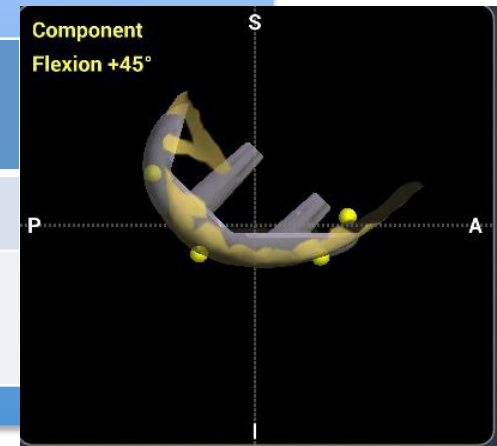
# Soft tissue balancing asymmetry



Asymmetric:  
Tight extension

Asymmetric:  
Normal flexion

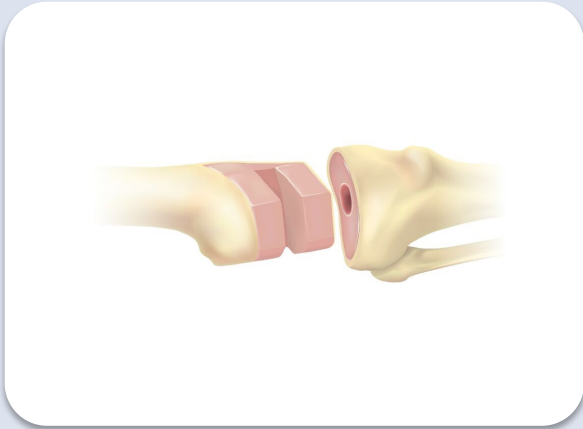
Extension	Flexion
Tight	Good
Move femur prosthesis superiorly Assess prosthesis flexion angle	



# Asymmetric pattern

Tight extension and loose flexion

# Soft tissue balancing asymmetry



Asymmetric:  
Extension tight

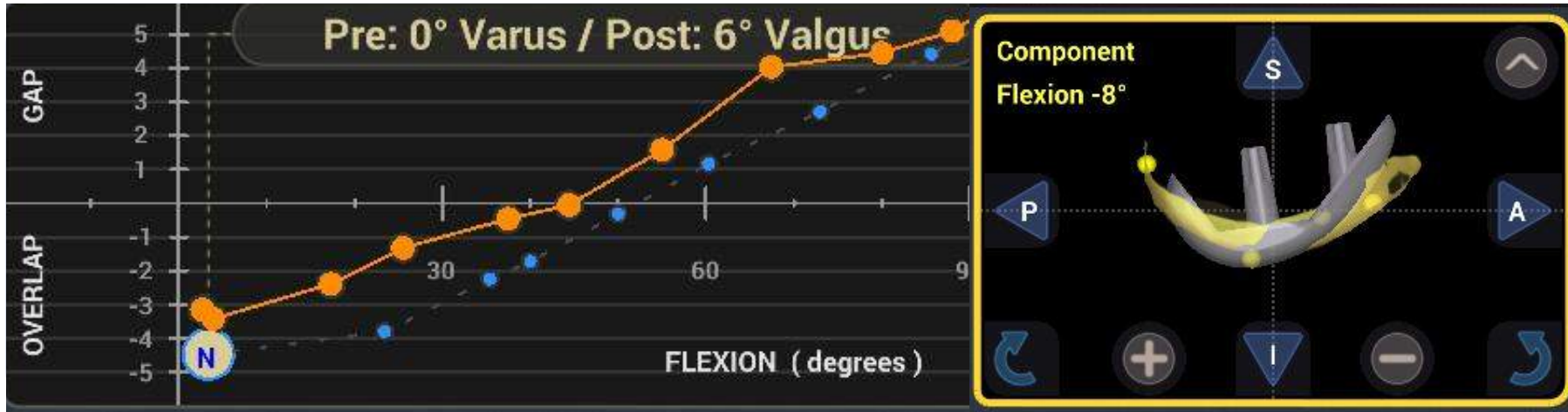


Asymmetric:  
Flexion loose

Extension	Flexion
Tight	loose

Flexion gap may be 1-2mm looser in flexion than extension. If definitely looser in flexion then resect less posterior femur condyle by putting a spacer in between the posterior paddle of the 2-in-1 cutting block.

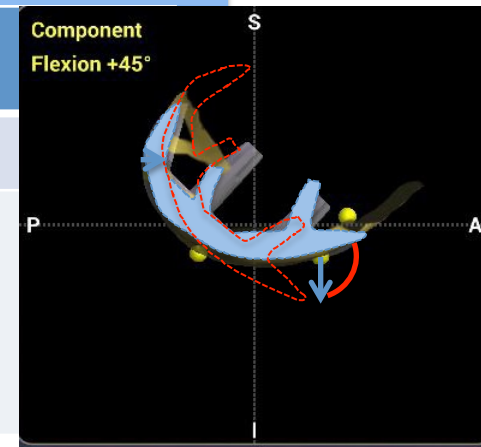
# Soft tissue balancing asymmetry



Asymmetric:  
Extension tight

Asymmetric:  
Flexion loose

Extension	Flexion
Tight	Loose
Move femoral component posterior and/or inferiorly And/or reduce femoral component flexion	





## Summary

- Robotic assisted UKA allows intraoperative soft tissue assessment and appropriate balancing throughout knee ROM
- Real time, intraoperative patient specific anatomical template is created
- Implant position and sizing is template on the native patients anatomy
- Gap balance is assessed before bone resection
- After resection outcome confirmation of the soft tissue balance
- A stepwise, systematic approach to balancing the soft tissue envelop will aid the surgeons planning using this technology

## References

1. Alignment and osteoarthritis of the knee. Hunter D.J, Sharma L, Skaife T. J Bone Joint Surg Am. 2009; 91 Suppl 1 :85-89.
2. High rates of return to sports activities and work after osteotomies around the knee: a systematic review and meta-analysis. Hoorntje A, Witjes S, Kuijer PP, Koenraadt KL, Van Geenen RC, Daams JG, Getgood A, Kerkhoffs GM. Sports Med 2017 April 11.
3. Medial unicompartmental knee arthroplasty: does tibial component position influence clinical outcomes and arthroplasty survival? Chatellard R, Sauleau V, Colmar M, et al., Societe d'Orthopedie et Traumatologie de IO. Orthop Traumatol Surg Res 2013; 99(4 Suppl): S219.
4. The geometry of the tibial plateau and its influence on the biomechanics of the tibiofemoral joint. Hashemi R.C, Chandrashekar N, Gill B, Beynnon B.D, Slauterbeck J.R, Schutt R.C, Mansouri H, Dabezies E. J Bone Joint Surg Am. 2008 Dec; 90(12): 2724-34.